

# Portugal

2024

**10,639,726**

is the population  
of Portugal

**246,760**

citizens in Portugal  
are volunteer blood donors

**(2.32%)**

**284,975**

units of red blood cells  
are transfused annually

**~0.34-  
0.51%**

**\*960-1,440**

units of red blood cells  
approximately should be transfused  
to thalassaemia patients annually

PORTUGAL ISSUES

**414,206**

UNITS OF BLOOD ANNUALLY

OF WHICH

**335,252**

ARE RED BLOOD CELLS

**40**

is the estimated number of people with  
transfusion-dependent thalassaemia (TDT)  
that live in Portugal

## Sources:

European Commission (2023)

Pordata (2024)

Ministry of Health, Portugal (2024)

\* Assuming that each patient needs 2-3 blood bags per month



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the European Union